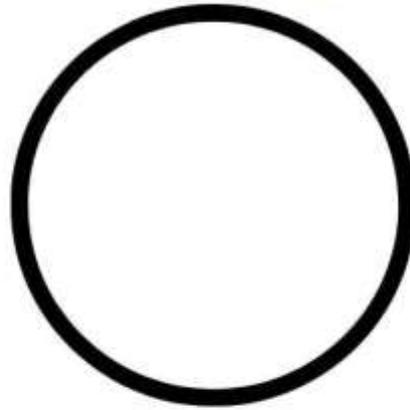
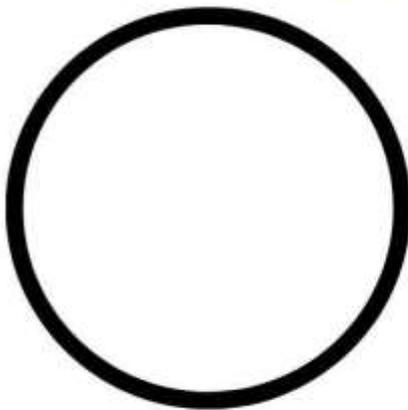


MY LIFE GOALS

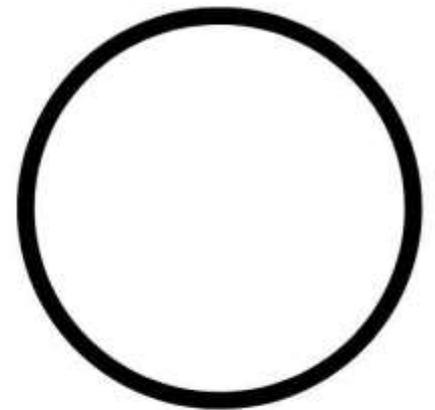
Family



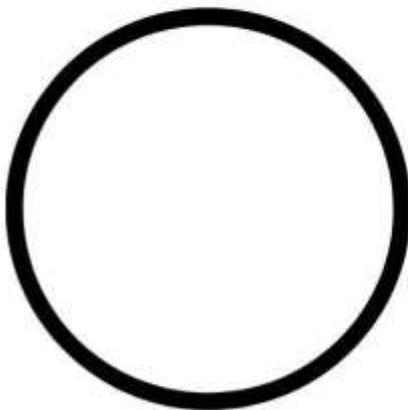
Learning



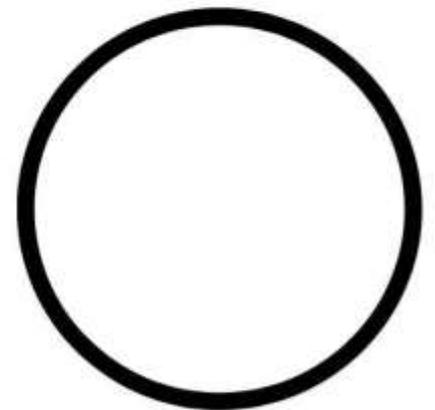
Income



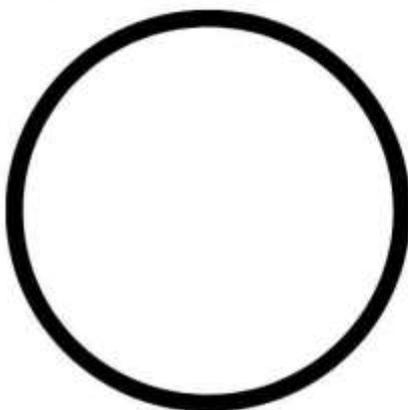
Health



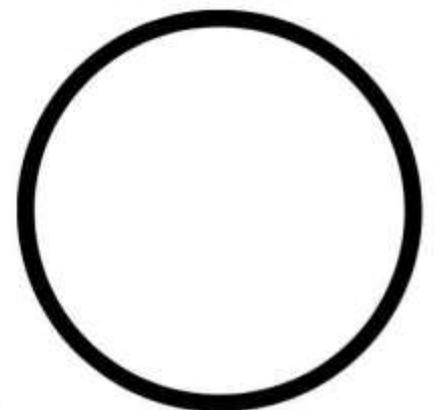
Hobbies



Travel

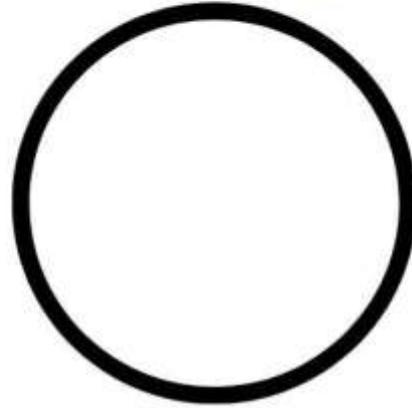


Other

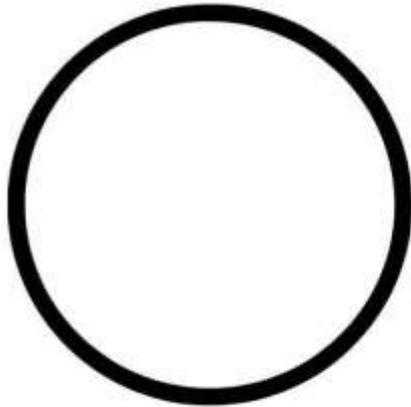


MY LIFE GOALS

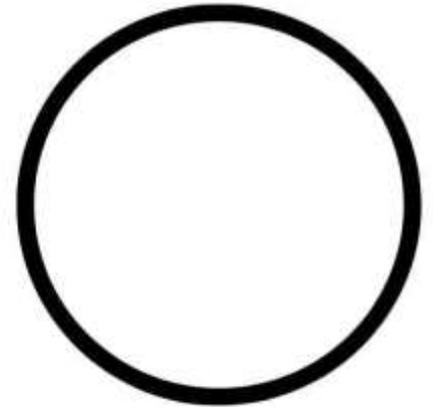
Family



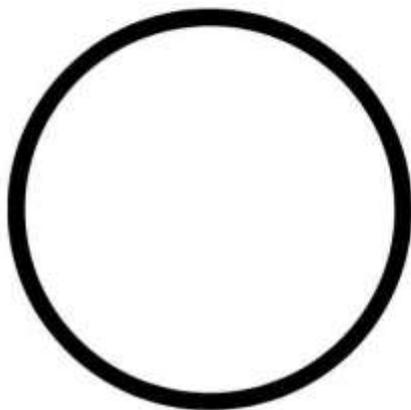
Learning



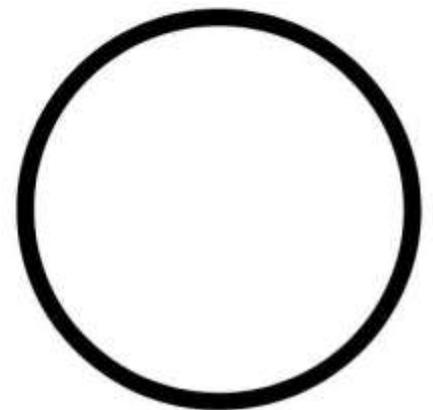
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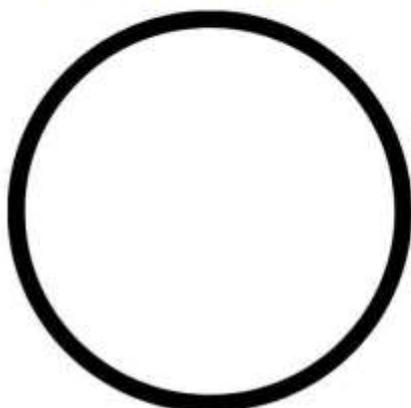
Health



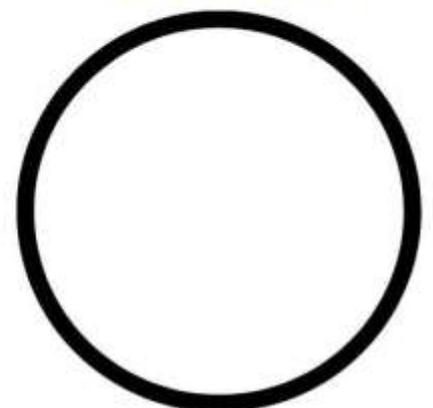
Hobbies



Travel



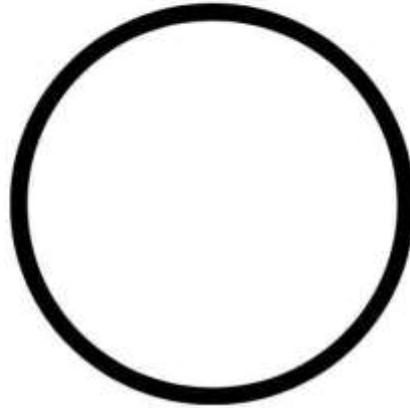
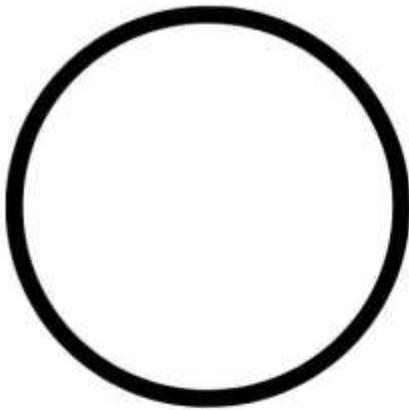
Other



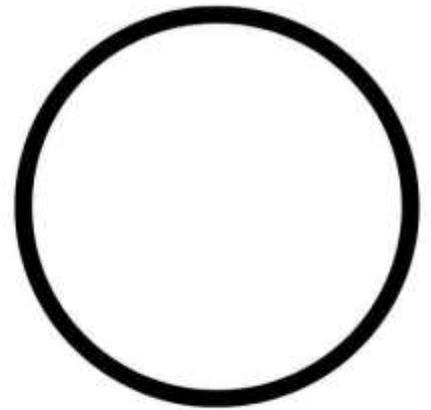
MY OBSTACLES

Wasting time

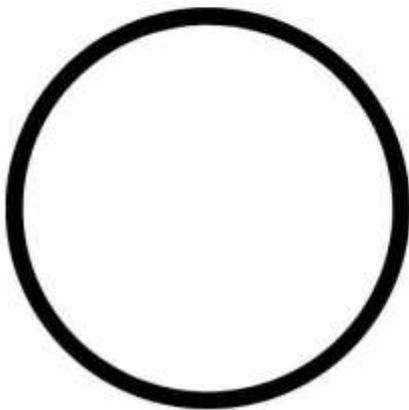
Behavior



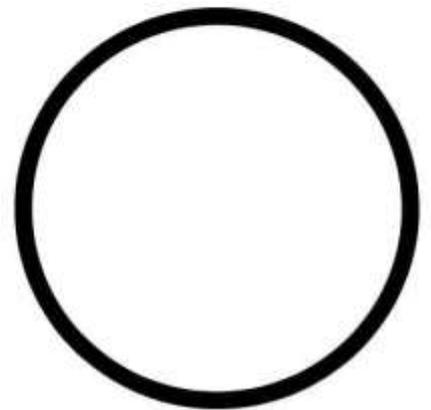
Vices



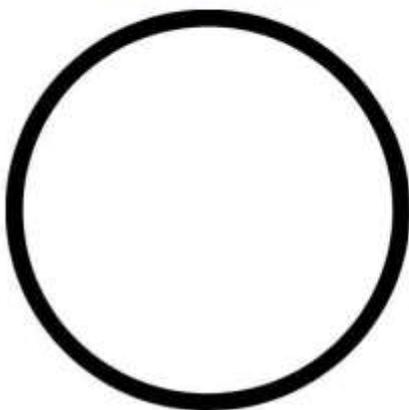
People



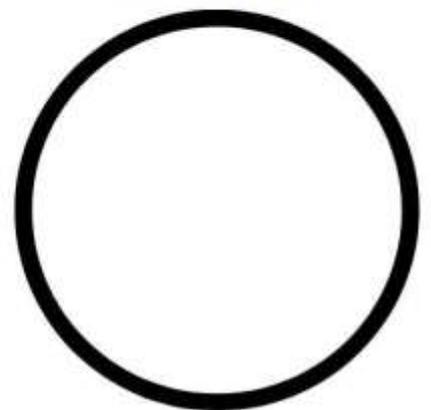
Rituals



Food



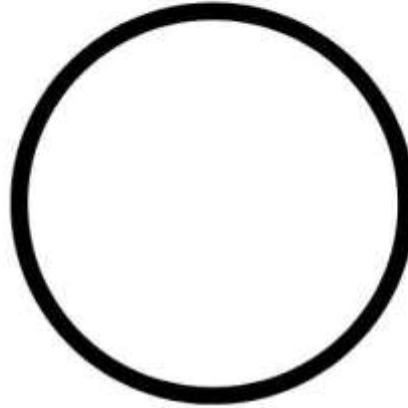
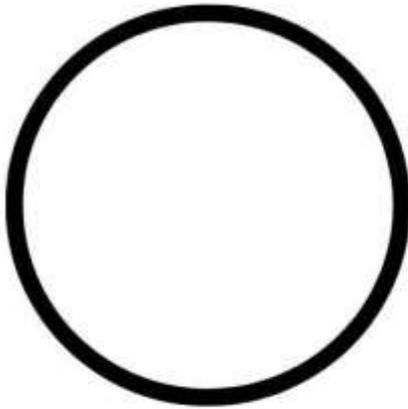
Other



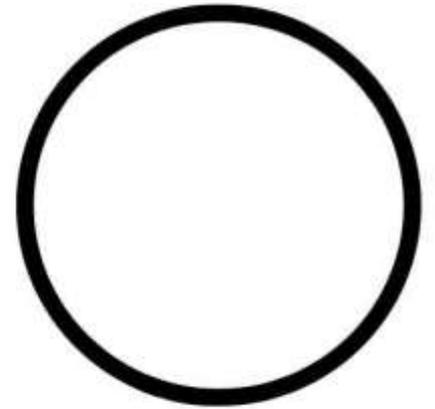
MY OBSTACLES

Wasting time

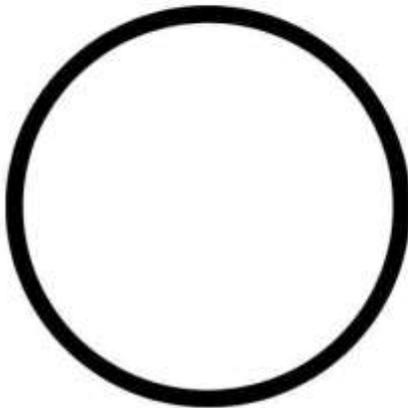
Behavior



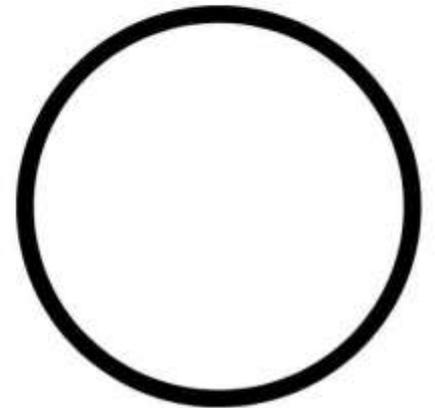
Vices



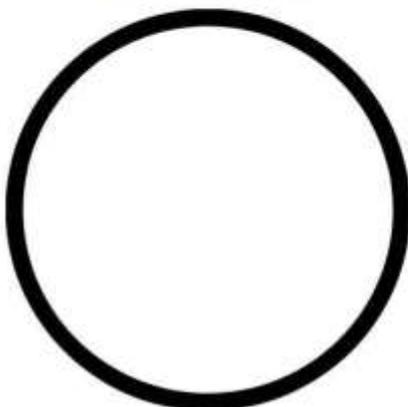
People



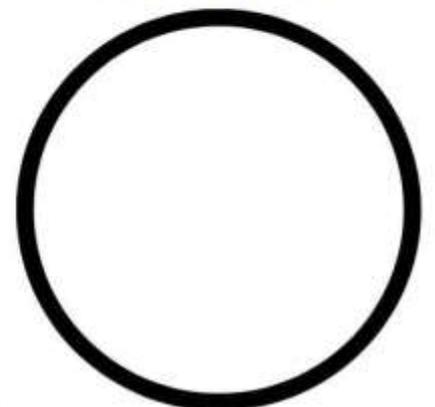
Rituals



Food



Other



Links:

- The free audiobook - [*Fulfilling Life: A Matter of Personal Choice*](#)
- [Great Books for a Great Life](#) - all the answers to your questions in one place
- [Long-Term habits group](#) 



[Long-Term Habits](#)